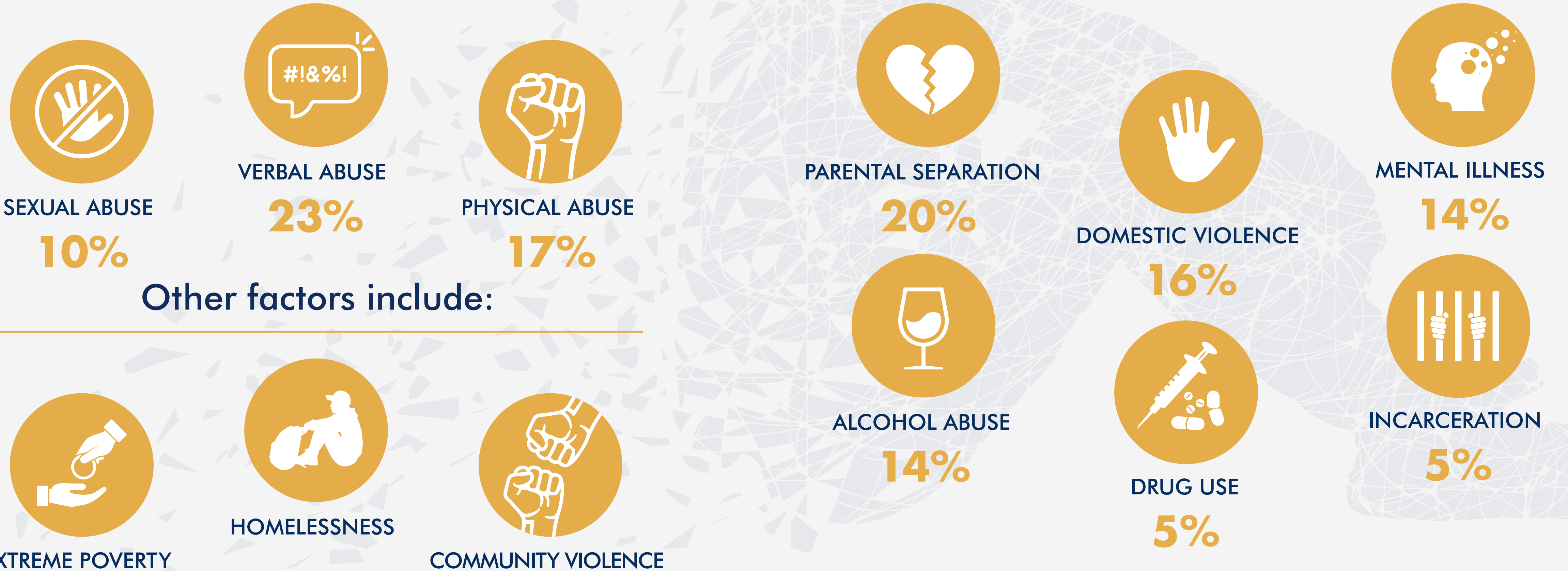


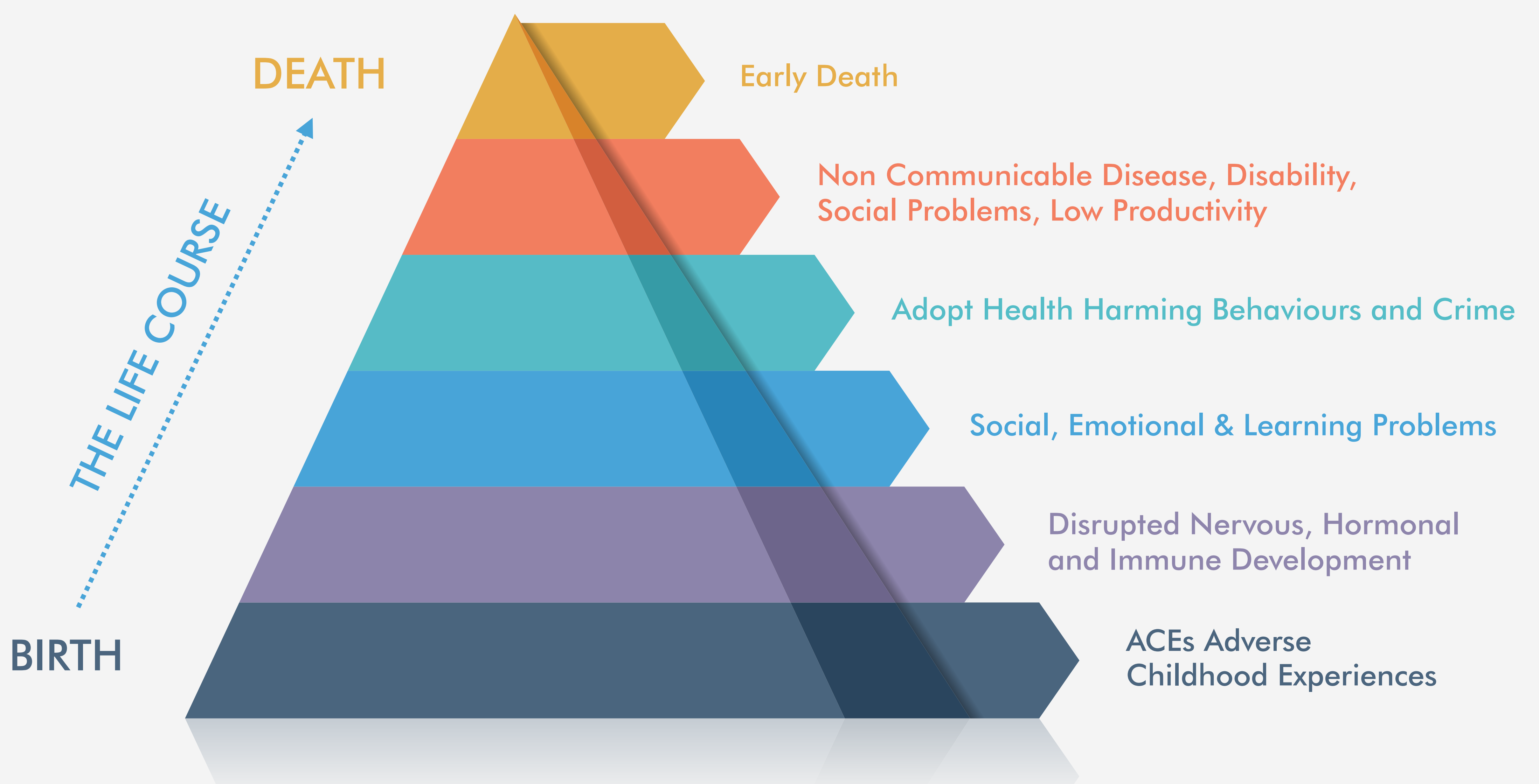
Adverse Childhood Experiences (ACEs)

ACEs are stressful experiences occurring during childhood including:

Or affect the environment in which they live, including:



ACEs - The Life Course

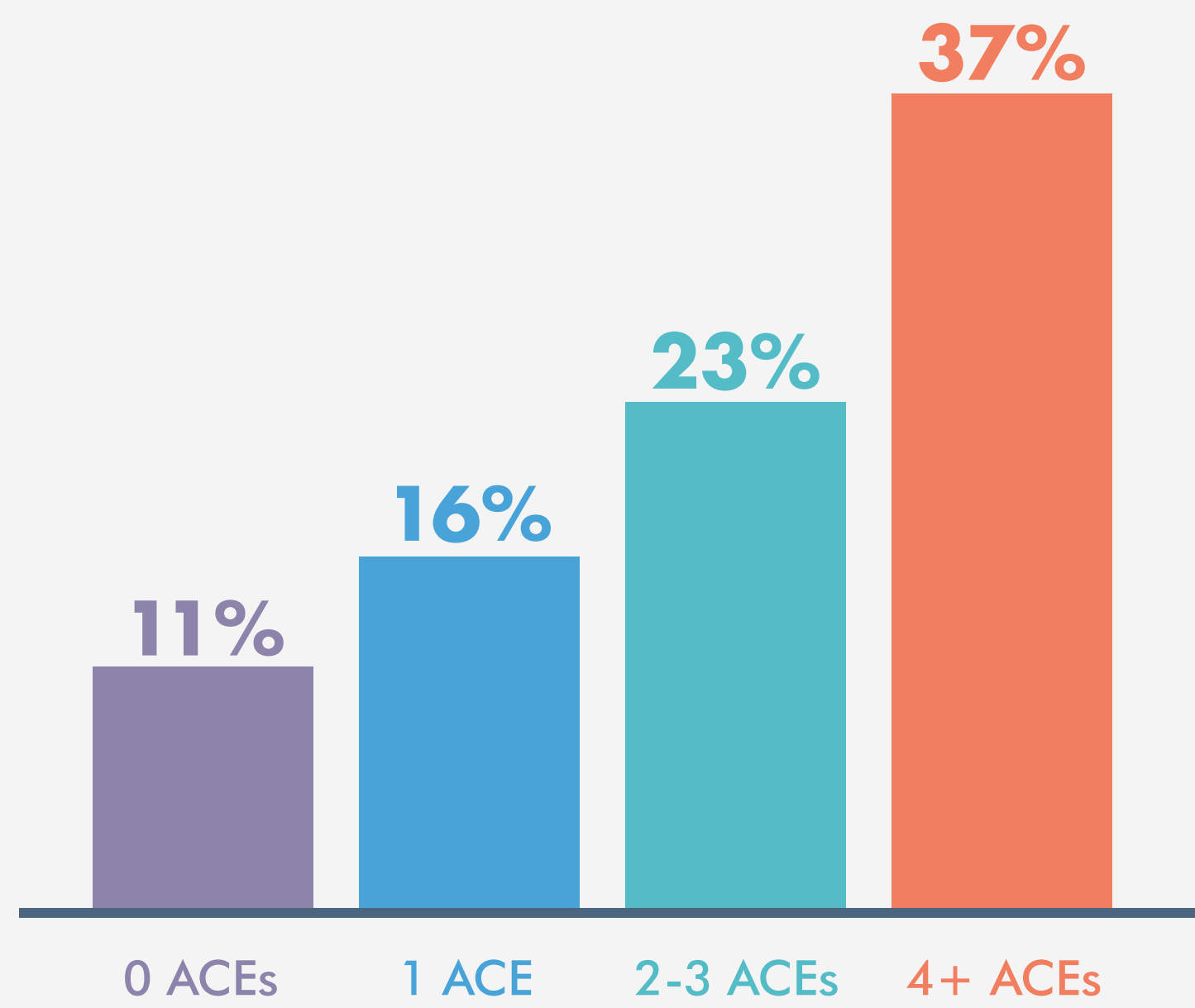


ACEs & Resilience

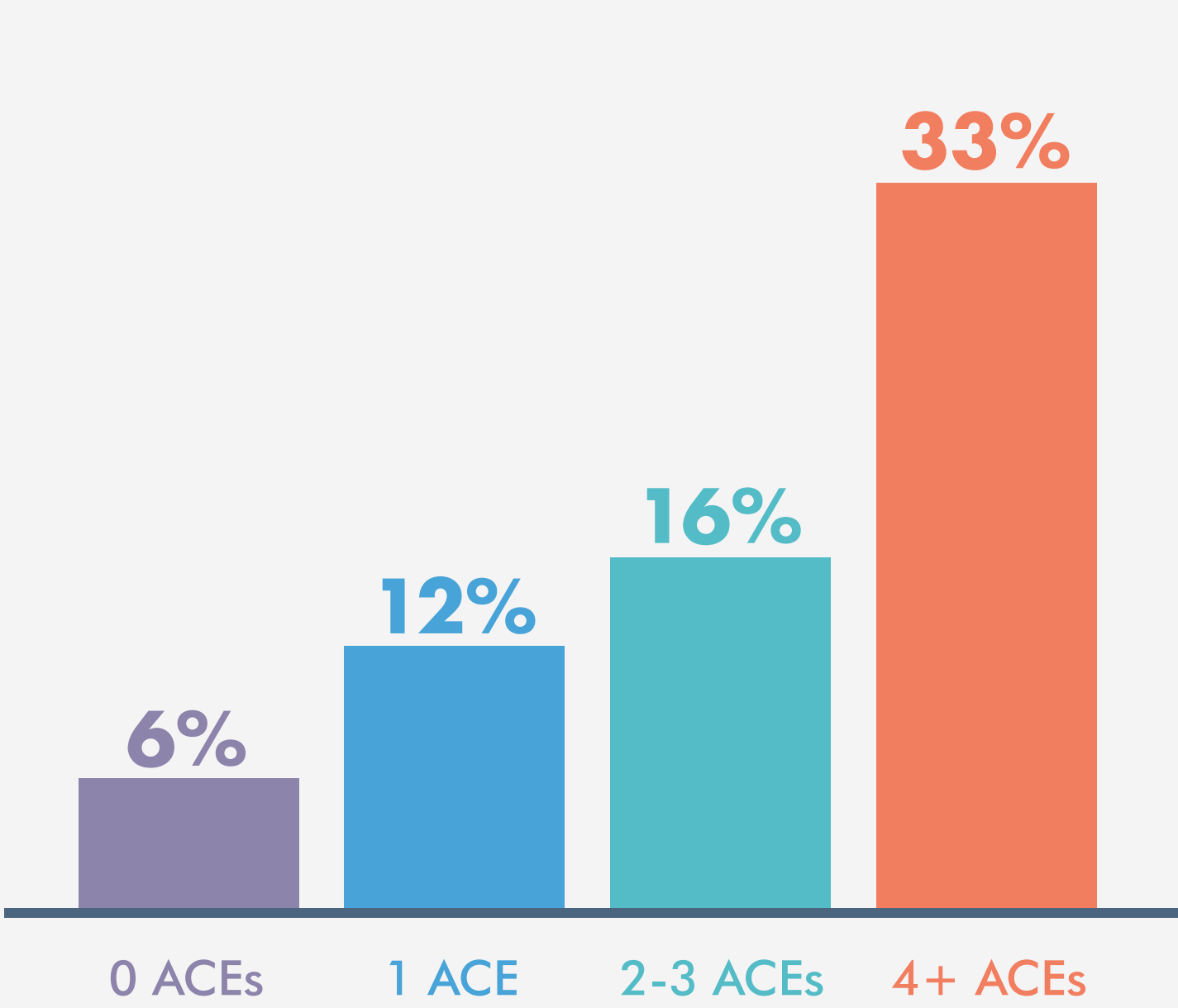
Relationships with childhood health and school absenteeism

The Welsh ACE & Resilience Study asked adults about exposure to 11 ACEs in childhood and a range of questions on childhood health, secondary school absenteeism and childhood community resilience assets.

% self-rating poor childhood health



% reporting frequent school absenteeism



The proportion of adults reporting poor childhood health and frequent school absenteeism increased with the number of ACEs suffered

Increased Risks With ACEs in childhood

Compared to individuals with no ACEs, those with four or more ACEs were...



2x more likely to have childhood ALLERGIES



3x more likely to have childhood HEADACHES



4x more likely to have childhood DIGESTIVE PROBLEMS



5x more likely to have POOR CHILDHOOD HEALTH



3x more likely to have childhood ASTHMA



7x more likely to have FREQUENT SCHOOL ABSENTEEISM