

RIVERVIEW JUNIOR SCHOOL



P.E Policy

Mr Morrison
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Riverview Junior School P.E Policy

Vision

100% of our children will be personally and academically ready for the next stage of their educational career by;

Key Aspirations

This vision is enshrined in key aspirations;

- An absolute focus on raising the educational and personal standards for all.
- For Riverview to be a model of excellence within the Pathway trust and have an impact beyond their own site for the good of the children across the area.
- Partnering for Performance to develop a collaborative, supportive and nurturing environment for all stakeholders
- Raising Attitude & Aptitude to ensure we are consistently good or better.
- **WELL BEING** is paramount for ALL and children learn in a safe, fair and fun environment which leads to life-long, independent learning
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We are aiming to promote educational and personal standards. The promotion of our personal standards are strengthened through our Core Values:



Rationale for P.E

Riverview Junior School recognises the vital contribution of physical education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development.

Physical education is a statutory requirement of the National Curriculum and an essential contributor to the development of the whole child. At Riverview Junior school we are committed to delivering high quality PE through an exciting range of physical activities which also provide opportunities for competition, self-improvement and learning good team work, sportsmanship and self-discipline. Through a balance of individual, paired and group activities, we aim to cater for the different strengths, needs and preferences of each child, using differentiated activities where appropriate. We believe that through the variety of opportunities that PE offers, children can develop a sense of personal achievement, fair play, teamwork and an understanding of the ways in which sport can transcend social and cultural boundaries.

Aims

Physical development:

- To develop physical competence and confidence by acquiring and developing a range of fine and gross motor skills.
- To develop knowledge, skills and understanding, and the ability to remember, repeat and refine actions with increasing control and accuracy.
- To promote fitness and a healthy lifestyle by understanding the effects of exercise on the body and the importance of developing strength, endurance and flexibility

Social and emotional development:

- To develop a love of physical exercise.
- To develop confidence in pupils own skills and abilities.
- To promote an understanding of safe practice, and develop a sense of responsibility towards the safety of themselves and others.
- To develop decision making and problem solving skills.
- To be able to evaluate performance and act upon constructive feedback.
- To have opportunities to compete in a safe and purposeful environment.

Spiritual, moral and cultural development:

- To develop a positive attitude to themselves and others.
- To treat your team, the opposition and the referee with respect.
- To raise self-esteem through opportunities to celebrate sporting success.

Teaching and Learning

Physical education is taught through lessons each week. The School's progression and curriculum maps are used as base from which teachers plan their own lessons, tailored to each individual and their needs. Green acre scheme provides support in planning for each lesson.

Planning and Organising a P.E lesson:

Each P.E lessons have a clear skill based objective and should also include a social and cognitive focus.

Each plan addresses skills from Title Pages and offers previous and next steps for each skill, in order to ensure all pupils have an opportunity to progress and succeed at their level.

Swimming: (See Appendix 1)

This year the year 5 and 6 pupils of Riverview will take part in swimming lessons taught by a qualified swim instructor at Cascades swimming pool. These lessons are compulsory and will enable us to meet the DfE requirement that by the end of KS2 all children should be able to:

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- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

P.E Expectations:

Children are expected to take part in every PE lesson. A written note from a parent/carer is needed if there is a health-related reason that prevents a child from taking part in physical exercise. Pupils who are excused will still be involved in the learning process through the role of a coach, leader or peer assessor. All pupils arrive at school in school PE kit on their PE days.

When children are attending after school sports club they are to wear their school PE kit and will be sent home in the PE kit.

Pupils Uniform:

In a child's PE kit, they should have the following items;

- A coloured P.E top to match your child's house
- Black/white shorts
- Black trainers
- White Socks
- Tracksuit bottoms and warm top/jumper for winter sports

Jewellery:

Prior to participating in a PE lesson, all jewellery must be removed or covered as this could cause a hazard in the PE lesson (See details below). Ideally your child should leave the jewellery at home on their PE days, especially if they are unable to remove the jewellery themselves.

- All earrings must be removed and not covered with micro tape as this does not provide adequate protection.
- Jewellery worn for religious reason (Such as bangles or necklaces) must be covered with a sweatband or high neck top under the child's t-shirt. sweatbands are NOT provided by the school.
- Long hair must be tied back in order to prevent entanglement in apparatus and to prevent it obscuring vision.

Staff Uniform:

All staff should remove large items of jewellery when teaching P.E in order to protect themselves and pupils from accidental injury. Teachers are also required to tie long hair back and wear appropriate footwear when teaching in order to model correct attire for the children.

Assessment for Learning

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Through the use of Title Pages, teacher assessment takes place throughout term. The children's performance and achievement is measured as against these Title Pages, which are then used to make judgement for summative assessments.

Assessment is carried out using:

- Observations of pupils as they participate
- Discussion as they work
- Oral questioning to encourage discussion

Differentiation

In all classes there are children of differing abilities and age. We recognise this fact and provide suitable learning opportunities for all children (including those who may be academically more able (gifted and talented) or those who have additional needs (AEN)) by matching the challenge of the task to the ability of the child. Each child is valued, respected and challenged regardless of ability, race, gender, religion, social background, culture or disability. Adjustments are on planning for pupils of high and low ability and teachers are also encouraged to further adapt if necessary.

Extra-Curricular activities

A breadth of clubs are provided throughout the year. These clubs are designed to meet the needs and interests of all learners and a free for all pupils. A list of clubs is communicated with parents a week before sign-ups go live on Arbor. This list can also be found on the display boards at both entrances of the school.

Appendix 1

SWIMMING LESSON GUIDELINES

ALL

- Please remove earrings on swimming days.
- No hair gel may be used on swimming days.
- Please ensure your child's swimming kit includes a towel.
- If your child has a verruca, could you make sure that he/she has a plastic verruca sock.

GIRLS

- A one piece-swimsuit should be worn for the lessons – bikini's or two piece type swimwear are not permitted.
- A swimming hat.

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- If your child has long enough hair, plaits or a bun are ideal for swimming days as the swimming hat goes on more easily.

BOYS

- Swimming trunks or cycle type swimming shorts are permitted (shorts must be well above the knee). Bermuda style shorts are not permitted.